



## Happy New Year Glacier Bears!!!

It's hard to believe that we are already in 2012 and half way through our season!! I feel my first months as your new head coach and a new "Yukoner" have just flown by! The beauty of the Yukon and the sense of community and support in Whitehorse continue to amaze me more each day.

I have been on a high ever since we have returned from our meet in Victoria in December. Even though we were one of the smallest teams there, we had the largest cheering section on deck every time one of our swimmers was in the water. We also came home with a few top place finishes and almost 80 percent best times! I was thrilled with the swims, but I was proud to be the coach of such an amazing, supportive group of individuals. This enthusiasm was carried forward into our time trial this past weekend as our swimmers continue to inspire me!!

I want to say thank you to all of the parents who volunteered at the time trial, and an extra big Thank You to our meet

manager *Josee Parent*. Without parents who are willing to go above and beyond, our time trials, meets, and club would not be possible.

Over the past few months I have really enjoyed getting to know the swimmers, parents, and fellow coaches. We have been developing meaningful relationships by focusing on personal improvement (by both coaches and athletes). With an emphasis on technique and general fitness we have already had some very fast swimming. With this as our foundation, we head into the second half of our season focusing on more specific race strategies, certain to have some amazing performances!

Good luck to ***Sam Storey, Gavin Young, Ed Bourcier,*** and ***Taylor Campbell*** as they head off to AA Championships this week to represent the Glacier Bears coached by ***Kathy Zrum***.

We will all be with you in spirit!!

### Upcoming meets:

BC AA Championships Feb 10-12 – Qualifiers

BC AAA Championships March 1-4 – Qualifiers

Dino Cup March 17-18 – 10 and under

Yukon Invitational April 27-28 – Everyone!!

VIR(Victoria) Invitational May 11-13 – Polar Bears and Up

Our new Swimmers of the month for January based on  
*Butterfly, Supportive Teammates, and Kicking* are:

Amy Petelski

Joshua Lauer

Aiden Harvey

Caelon Workman

Adrian Robinson

Gavin Young

Edouard Bourcier

**CONGRATUALATIONS!!!**

The swimmers of the month for February will be based on *IM, Underwater Dolphin Kick, and On Deck Warm Up.*

***(Thank you to the club for providing all swimmers of the month with a blue swimmer of the month cap!!)***

**Coach Stephanie**

**wgbcoach@yahoo.ca**