



The Paw Print

September 29, 2007

***** **Coach's Report** *****

Hi everyone!

Welcome back all swimmers and parents from last year and welcome to all who are new to the club. Last season was very successful at all levels. 159 times club records were broken. Medals and swims in finals were achieved at all major meets the Glacier Bears attended (invitational meets, AAs, AAAs, Age Group Nationals, Senior Nationals, Western Canada Games and several International meets). All of the coaching staff have done exceptional work. Congratulations to all of you: **Kelly, Vanessa, Mike, Olwyn, Kathy, and Jim**, and welcome back for the new season.

Congratulations to all swimmers as well. I think that you know very well by now that only hard work, dedication, consistency and clear goals can produce good results. Let's keep it up and have another fantastic season.

Marek

Coaching Staff for 2007-2008

Teddy Bears: Kelly Patrick (assisted by Willow Brewster)

Cubs 1: Vanessa Brault

Cubs 2: Mike Francis

Black Bears: Olwyn Bruce

Polar Bears: Kathy Zrum

Kodiaks: Marek Poploski

Silver Tips: Marek Poplawski

***** **Coming Events** *****

Ryan Downing Memorial Meet – Whitehorse, Yukon October 26th and 27th. This is our first swim meet of the season and a great opportunity for the swimmers to set goals for the rest of the year. Swim meets require lots of parental help, so please consider coming out and lending a hand. Officials training will be held on various dates in October – please see the other side of this newsletter for more information!

Wishbone Invitational Swim Meet – Fairbanks, Alaska November 10th and 11th. This meet is suitable for all levels of swimmers and everyone is encouraged to join in the fun! The viewing is great at the Hamme pool in Fairbanks, and a terrific time will be had by all! The club has booked a block of rooms in Fairbanks at the

Comfort Inn (\$63.99 US\$ + tax per night). If you would like to reserve one of these rooms, please call the hotel at 907-249-2510 **before October 19th** (rooms not booked will be released after this date).

Christmas Cracker Swim Meet – Victoria, B.C. December 7th, 8th and 9th. A block of rooms has been reserved at the Holiday Inn. These rooms will be \$84.00 + 16% tax and are located at 3020 Blanchard St. If you would like one of these rooms please call the hotel at 250-382-4400 **before November 16th** (rooms not booked will be released after this date). The Christmas Cracker is an invitational meet, open to all swimmers. Please see your coach if you are interested in attending! More information on this meet should be available shortly on the Pacific Coast Swimming website at <http://www.pacificcoastswimming.com>

Edmonton Keyano Swim Meet – Edmonton, Alberta May 22nd, 23rd, 24th and 25th, 2008. For those who like to plan ahead, this meet is on the Glacier Bears' meet schedule. It will be a team meet (some qualifying times may be required – further information will be available soon). Keep this one on your calendar!

***** **Important Reminders** *****

Annual General Meeting: The Whitehorse Glacier Bears' AGM is coming up soon – **Wednesday October 17th at 7:00 pm at the Sport Yukon building**. Everyone is welcome to attend – it's a great opportunity to learn more about your club and how it works.

Thanksgiving Weekend Schedule

Saturday October 6th:

- **Black Bears, Polar Bears, Kodiaks, Silver Tips will swim from 9:15–11:15 am**
- **Cubs 2 will swim from 10:15–11:15 am**
- **The 8 am Teddy Bears group will swim from 9:45 – 10:30 am, and the 8:45 am group will swim from 10:30-11:15 am**

Monday October 8th:

- **Kodiaks and Silver Tips will swim from 1:15–3:15 pm**
- **Practices for Teddy Bears, Cubs 1 and Polar Bears are cancelled.**

******* Welcome to the 2007-2008 *****
Season from the Board of Directors!**

The Whitehorse Glacier Bears Swim Club Board of Directors would like to welcome back all returning club members and extend a special welcome to all new club members! The coming season should be an exciting one – it always is when it's an Olympic year! Your board has been working hard over the past few months to plan the 07/08 season. If anyone has any suggestions or comments for the Board, meetings are held the second Wednesday of every month at 7pm at the Sport Yukon building – everyone is welcome to attend! It's a great way to get to know your club!

**** Officials Training – Swim Yukon ****

Course: **Timer, Marshall, Safety Marshall**

Presented by: **Darrell Pasloski**

When: **Tuesday October 9th – 7:30 pm**

Where: **Sport Yukon Board room**

Who: **EVERYONE (perfect for new swim parents or those of you that have timed for years but have not had the course)**

Cost: **No charge**

Course: **Stroke & Turn**

Presented by: **Darrell Pasloski**

When: **Monday October 15th - 7 pm**

Where: **Sport Yukon Board room**

Who: **EVERYONE (those with their level one certification, timers that want a new challenge, or anyone that wants to learn more about the technical points of the sport - new parents welcomed!!)**

Cost: **No charge**

Call Cathy at 633-2995 (evenings) to register.

***** As well as the above clinics, Swim Yukon, in conjunction with hosting the Ryan Downing Memorial Swim Meet, will be assisting Leanne Poulin to travel to Whitehorse to present additional level 2/3 officials clinics. The clinics will run Wednesday October 24th to Friday October 26th. Further information will be available soon. *****

Please support your child and participate in at least one of the upcoming clinics. Thank you.

Swim Yukon

******* Bingo Update *******

Bingo sign-up went smoothly at registration. The first three quarters are almost completely filled. The last quarter still has lots of spaces available. The club is still very much in need of parents to step forward to become bingo bankers and callers. If you would like more flexibility with your bingo dates, or are interested in working extra bingos, a great way to do this is to become a banker or caller – these positions require a little extra training but are not difficult. Remember that working extra bingos means an opportunity to earn travel \$ for your swimmer to attend out-of-town swim meets (such as Fairbanks). For more information, please contact anyone on the Board.

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Bingo is our most important fund raiser - please remember the dates you have signed up for (you will receive a reminder call the week before) and be at the Elks Hall (4th and Hawkins) at 11:15am. Thank you!

******* Swim BC Cash Calendars *******

Some of you may have noticed that we are not handing out Swim BC cash calendars this year. This is because Swim BC has decided to cancel this fund raiser, due to licensing issues in British Columbia. If anyone has any questions about this, please see anyone on the Board.

******* Member News *******

The club would like to congratulate **Bronwyn Pasloski** and **Alexandra Gabor**, who have both been recently named to the Swim BC 2007-2008 Provincial Team! This team was selected based on Long Course performances achieved between July 1 and August 15, 2007. Alexandra was selected based on her 200 Free time of 2:04.70 at the North American Challenge Cup held August 10-12, 2007 in Los Angeles. Bronwyn was selected based on her 100 Breast time of 1:13.31, at the Age Group Nationals in Montreal, July 19-22. The first event coming up for this team is a training camp on September 30 to October 2 in Vancouver. Alexandra has also recently returned from a Swimming Canada National team long distance training camp held in Toronto from September 15 – 19. Alexandra was selected based on her 7th place finish in the 800 Free at Sr. Nationals in Calgary. Those finishing in the top 8 at Sr. Nationals were invited. Congratulations again to Bronwyn and Alexandra!

!!!!!!!!!!!! News Flash !!!!!!!!!!!!!

This just in – **Alexandra Gabor** and **Bronwyn Pasloski** have just been selected by Swimming Canada for the 2008 Canadian National Youth Team European Tour that will take place January 15 - 28, 2008, in Geneva & Luxembourg.

Based on Alexandra's result in the 200 Free at Age Group Nationals, **Coach Marek** was selected as the **top youth coach for Team Canada**.

Congratulations and well done!!

!! WAY TO GO GLACIER BEARS !!

******* Club Clothing Report *******

Orders have been taken for club swim suits and swim bags and I will contact you when they arrive. Please contact me for other clothing such as Club T-shirts, Hoodies, Shorts and Caps. These items are available as needed and they do make great Christmas gifts!! Contact Benita Parkkari, Clothing Manager at 633-8454 or at parkkari@northwestel.net



Glacier Bears Swim Club