



# 2011-2012

Provincial Time Standards



Note re: 10&U Swimmers  
The BCSCA, TAC, and SwimBC have agreed that for AA and AAA Championships, there will be no dedicated 10&U / SwimStars events. 10&U swimmers who meet the 11&U qualifying times will be eligible to enter these meets as 11&U swimmers.

2011-2012						
11&U Girls						
Short Course			Long Course			
AAA	AA	A	Event	AAA	AA	A
32.29	35.20	38.01	50 Free	32.94	35.90	38.77
1:10.84	1:17.22	1:23.39	100 Free	1:12.26	1:18.76	1:25.06
2:31.18	2:44.79	2:59.62	200 Free	2:34.20	2:48.08	3:03.21
5:24.10	5:53.27	6:25.06	400 Free	5:30.58	6:00.33	6:32.76
11:16.42	12:17.30	13:23.65	800 Free	11:29.95	12:32.04	13:39.73
1:21.93	1:29.30	1:37.34	100 Back	1:23.57	1:31.09	1:39.29
2:53.52	3:09.14	3:26.16	200 Back	2:56.99	3:12.92	3:30.28
1:32.10	1:40.39	1:49.42	100 Breast	1:33.94	1:42.40	1:51.61
3:16.68	3:34.38	3:53.68	200 Breast	3:20.61	3:38.67	3:58.35
1:22.98	1:30.45	1:38.59	100 Fly	1:24.64	1:32.26	1:40.56
3:11.35	3:28.57	3:47.34	200 Fly	3:15.18	3:32.74	3:51.89
2:53.95	3:09.61	3:26.67	200 IM	2:57.43	3:13.40	3:30.80
6:14.24	6:47.92	7:24.63	400 IM	6:21.72	6:56.08	7:33.53

12 Year Old Girls						
Short Course			Long Course			
AAA	AA	A	Event	AAA	AA	A
30.17	32.88	35.51	50 Free	30.77	33.54	36.22
1:06.16	1:12.12	1:17.89	100 Free	1:07.48	1:13.56	1:19.44
2:23.35	2:36.25	2:50.32	200 Free	2:26.22	2:39.38	2:53.72
5:02.70	5:29.95	5:59.64	400 Free	5:08.76	5:36.54	6:06.83
10:31.76	11:28.62	12:30.59	800 Free	10:44.39	11:42.39	12:45.60
1:16.53	1:23.41	1:30.92	100 Back	1:18.06	1:25.08	1:32.74
2:42.06	2:56.65	3:12.55	200 Back	2:45.30	3:00.18	3:16.40
1:25.99	1:33.73	1:42.17	100 Breast	1:27.71	1:35.61	1:44.21
3:03.69	3:20.23	3:38.25	200 Breast	3:07.37	3:24.23	3:42.61
1:17.50	1:24.47	1:32.07	100 Fly	1:19.05	1:26.16	1:33.92
2:58.71	3:14.80	3:32.33	200 Fly	3:02.29	3:18.70	3:36.58
2:42.47	2:57.09	3:13.03	200 IM	2:45.72	3:00.63	3:16.89
5:49.54	6:21.00	6:55.29	400 IM	5:56.53	6:28.62	7:03.59

13 Year Old Girls						
Short Course			Long Course			
AAA	AA	A	Event	AAA	AA	A
29.35	32.00	34.55	50 Free	29.94	32.64	35.25
1:04.27	1:10.06	1:15.66	100 Free	1:05.56	1:11.46	1:17.17
2:19.13	2:31.66	2:45.31	200 Free	2:21.92	2:34.69	2:48.61
4:52.19	5:18.49	5:47.15	400 Free	4:58.03	5:24.86	5:54.09
10:10.37	11:05.31	12:05.19	800 Free	10:22.58	11:18.61	12:19.69
1:13.58	1:20.20	1:27.42	100 Back	1:15.05	1:21.80	1:29.16
2:35.89	2:49.92	3:05.21	200 Back	2:39.00	2:53.31	3:08.91
1:24.44	1:32.04	1:40.32	100 Breast	1:26.13	1:33.88	1:42.33
3:00.03	3:16.23	3:33.90	200 Breast	3:03.63	3:20.16	3:38.17
1:14.44	1:21.14	1:28.44	100 Fly	1:15.93	1:22.76	1:30.21
2:50.37	3:05.70	3:22.42	200 Fly	2:53.78	3:09.42	3:26.46
2:37.47	2:51.64	3:07.09	200 IM	2:40.62	2:55.07	3:10.83
5:38.00	6:08.42	6:41.57	400 IM	5:44.76	6:15.78	6:49.60

14 Year Old Girls						
Short Course			Long Course			
AAA	AA	A	Event	AAA	AA	A
28.65	31.23	33.73	50 Free	29.22	31.85	34.40
1:02.87	1:08.52	1:14.00	100 Free	1:04.12	1:09.89	1:15.48
2:15.93	2:28.16	2:41.49	200 Free	2:18.65	2:31.12	2:44.72
4:47.08	5:12.92	5:41.08	400 Free	4:52.82	5:19.18	5:47.90
10:02.52	10:56.75	11:55.86	800 Free	10:14.57	11:09.89	12:10.18
1:11.94	1:18.42	1:25.48	100 Back	1:13.38	1:19.99	1:27.19
2:34.11	2:47.98	3:03.10	200 Back	2:37.20	2:51.34	3:06.76
1:23.24	1:30.73	1:38.90	100 Breast	1:24.90	1:32.55	1:40.87
2:58.02	3:14.04	3:31.51	200 Breast	3:01.58	3:17.92	3:35.74
1:11.56	1:18.00	1:25.02	100 Fly	1:12.99	1:19.56	1:26.72
2:41.95	2:56.53	3:12.42	200 Fly	2:45.19	3:00.64	3:16.27
2:33.66	2:47.49	3:02.56	200 IM	2:36.73	2:50.84	3:06.21
5:29.50	5:59.16	6:31.48	400 IM	5:36.09	6:06.34	6:39.31

15 Year Old Girls						
Short Course			Long Course			
AAA	AA	A	Event	AAA	AA	A
28.42	30.98	33.46	50 Free	28.99	31.60	34.13
1:01.76	1:07.31	1:12.70	100 Free	1:02.99	1:08.66	1:14.15
2:13.41	2:25.42	2:38.51	200 Free	2:16.08	2:28.33	2:41.68
4:42.46	5:07.88	5:35.59	400 Free	4:48.11	5:14.04	5:42.30
9:51.28	10:44.49	11:42.50	800 Free	10:03.10	10:57.38	11:56.55
1:10.30	1:16.63	1:23.52	100 Back	1:11.71	1:18.16	1:25.19
2:30.59	2:44.14	2:58.91	200 Back	2:33.60	2:47.42	3:02.49
1:21.48	1:28.81	1:36.80	100 Breast	1:23.11	1:30.59	1:38.74
2:55.15	3:10.91	3:28.10	200 Breast	2:58.65	3:14.73	3:32.26
1:09.95	1:16.25	1:23.11	100 Fly	1:11.35	1:17.77	1:24.77
2:39.07	2:53.39	3:08.99	200 Fly	2:42.25	2:56.86	3:12.77
2:30.44	2:43.98	2:58.74	200 IM	2:33.45	2:47.26	3:02.31
5:24.91	5:54.15	6:26.02	400 IM	5:31.41	6:01.23	6:33.74

Senior / Open Girls						
Short Course			Long Course			
AAA	AA	A	Event	AAA	AA	A
28.20	30.73	33.19	50 Free	28.76	31.35	33.86
1:00.66	1:06.12	1:11.41	100 Free	1:01.87	1:07.44	1:12.83
2:11.51	2:23.35	2:36.25	200 Free	2:14.14	2:26.21	2:39.37
4:37.85	5:02.86	5:30.12	400 Free	4:43.41	5:08.92	5:36.72
9:36.49	10:28.37	11:24.92	800 Free	9:48.02	10:40.94	11:38.62
1:09.01	1:15.22	1:21.99	100 Back	1:10.39	1:16.73	1:23.63
2:27.28	2:40.54	2:54.99	200 Back	2:30.23	2:43.75	2:58.49
1:19.45	1:26.60	1:34.39	100 Breast	1:21.04	1:28.33	1:36.28
2:50.77	3:06.13	3:22.89	200 Breast	2:54.18	3:09.86	3:26.94
1:08.21	1:14.35	1:21.04	100 Fly	1:09.58	1:15.84	1:22.66
2:35.09	2:49.05	3:04.27	200 Fly	2:38.20	2:52.43	3:07.95
2:28.06	2:41.39	2:55.92	200 IM	2:31.03	2:44.62	2:59.43
5:16.78	5:45.29	6:16.37	400 IM	5:23.12	5:52.20	6:23.89



# 2011-2012

Provincial Time Standards



2011-2012						
11&U Boys						
Short Course			Long Course			
AAA	AA	A	Event	AAA	AA	A
32.43	35.35	38.18	50 Free	33.08	36.06	38.94
1:11.79	1:18.25	1:24.51	100 Free	1:13.23	1:19.82	1:26.20
2:36.38	2:50.45	3:05.80	200 Free	2:39.51	2:53.86	3:09.51
5:31.54	6:01.38	6:33.90	400 Free	5:38.17	6:08.61	6:41.78
11:24.07	12:25.04	13:30.89	800 Free	11:30.95	12:34.34	13:41.83
1:23.48	1:30.99	1:39.18	100 Back	1:25.15	1:32.81	1:41.17
2:58.02	3:14.04	3:31.51	200 Back	3:01.58	3:17.92	3:35.74
1:36.09	1:44.74	1:54.16	100 Breast	1:38.01	1:46.83	1:56.45
3:25.20	3:43.67	4:03.80	200 Breast	3:29.30	3:48.14	4:08.67
1:24.86	1:32.50	1:40.82	100 Fly	1:26.56	1:34.35	1:42.84
3:18.42	3:36.28	3:55.74	200 Fly	3:22.39	3:40.60	4:00.46
2:56.83	3:12.74	3:30.09	200 IM	3:00.37	3:16.60	3:34.29
6:21.48	6:55.81	7:33.24	400 IM	6:29.11	7:04.13	7:42.30

12 Year Old Boys						
Short Course			Long Course			
AAA	AA	A	Event	AAA	AA	A
30.29	33.02	35.66	50 Free	30.90	33.68	36.38
1:07.05	1:13.09	1:18.93	100 Free	1:08.39	1:14.55	1:20.51
2:26.04	2:39.19	2:53.52	200 Free	2:28.97	2:42.37	2:56.99
5:09.65	5:37.52	6:07.90	400 Free	5:15.85	5:44.27	6:15.26
10:35.32	11:32.30	12:39.45	800 Free	10:42.43	11:40.66	12:45.27
1:17.97	1:24.99	1:32.64	100 Back	1:19.53	1:26.69	1:34.49
2:46.27	3:01.23	3:17.55	200 Back	2:49.60	3:04.86	3:21.50
1:29.75	1:37.83	1:46.64	100 Breast	1:31.55	1:39.79	1:48.77
3:11.65	3:28.90	3:47.70	200 Breast	3:15.49	3:33.08	3:52.26
1:19.26	1:26.39	1:34.17	100 Fly	1:20.84	1:28.12	1:36.05
3:05.32	3:22.00	3:40.18	200 Fly	3:09.02	3:26.04	3:44.58
2:45.15	3:00.02	3:16.22	200 IM	2:48.45	3:02.62	3:20.14
5:59.63	6:31.99	7:07.27	400 IM	6:06.82	6:39.83	7:15.82

13 Year Old Boys						
Short Course			Long Course			
AAA	AA	A	Event	AAA	AA	A
28.47	31.03	33.52	50 Free	29.04	31.66	34.19
1:02.45	1:08.07	1:13.52	100 Free	1:03.70	1:09.43	1:14.99
2:16.41	2:28.69	2:42.07	200 Free	2:19.14	2:31.66	2:45.31
4:50.10	5:16.21	5:44.67	400 Free	4:55.90	5:22.53	5:51.56
10:26.63	11:11.62	12:06.07	800 Free	10:33.99	11:29.05	12:33.79
1:12.15	1:18.64	1:25.72	100 Back	1:13.59	1:20.22	1:27.44
2:34.45	2:48.35	3:03.50	200 Back	2:37.54	2:51.72	3:07.17
1:22.48	1:29.90	1:37.99	100 Breast	1:24.13	1:31.70	1:39.95
2:56.81	3:12.73	3:30.07	200 Breast	3:00.35	3:16.58	3:34.27
1:12.97	1:19.54	1:26.70	100 Fly	1:14.43	1:21.13	1:28.43
2:49.78	3:05.07	3:21.72	200 Fly	2:53.18	3:08.77	3:25.76
2:34.58	2:48.49	3:03.65	200 IM	2:37.67	2:51.86	3:07.33
5:36.11	6:06.37	6:39.34	400 IM	5:42.84	6:13.69	6:47.32

14 Year Old Boys						
Short Course			Long Course			
AAA	AA	A	Event	AAA	AA	A
27.34	29.80	32.19	50 Free	27.89	30.40	32.83
0:59.76	1:05.13	1:10.35	100 Free	1:00.95	1:06.44	1:11.75
2:10.90	2:22.68	2:35.52	200 Free	2:13.52	2:25.53	2:38.63
4:37.90	5:02.91	5:30.18	400 Free	4:43.46	5:08.97	5:36.78
10:05.95	10:49.09	11:32.15	800 Free	10:12.47	11:07.07	12:02.84
1:10.23	1:16.55	1:23.44	100 Back	1:11.64	1:18.08	